



MANUAL HANDLING AWARENESS

Introduction

Do your employees have to lift, lower, carry, push or pull loads? If so, then the Manual Handling Operations Regulations will apply and you must undertake a risk assessment and as a result your employees will typically need awareness training.

Have you undertaken a manual handling assessment that involves the workforce? Do your employees know about the risks associated with manual handling? Do they know how to identify obvious hazards and deal with them? Have they been trained in safe manual handling operations?

If you answered 'no' to any of the above and you are not training those at risk then your organisation could be subject to enforcement action that could include an improvement notice, prosecution or an increased risk of a civil claim. The provision of health and safety training is not a matter of choice or optional, it is an absolute legal requirement for your organisation.

Manual handling accidents account for over 38% of all lost time accidents at work and absence from work due to back pain is second only to the common cold. Manual handling operations are also a contributory factor in the large increase in slips, trips and falls in the workplace.

Aims of the course

Manual Handling Awareness training will help your organisation meet the intent of the Manual Handling Operations Regulations encouraging a culture where all those involved can input to resolving the issues having received a level of hazard awareness and workplace precaution training from the engaging online training solution.

Who is it for?

The elearning course is aimed at all levels of employees who may undertake manual handling operations . Developed by qualified and experienced health, safety and environment professionals who have many years experience in the delivery of training solutions. The result is a high quality training solution that gives the trainee the necessary tools to meet their health, safety and environment obligations, whilst giving the organisation a level of compliance through an engaging and effective learning medium.



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How is it delivered?

Manual Handling Awareness elearning can be delivered on line or through a computer network to each trainee at their desktop, laptop or mobile device. We can also provide the course to be integrated into a SCORM compliant LMS. The training can be completed at the employee's own pace by "book marking" and recording progress and returning to the training at a later time. In delivering the training in this way, the normal costs of training are reduced, whilst still achieving the desired awareness and compliance with the organisation's legal responsibilities. At the end of the training the trainee will complete an assessment.

Compliance record keeping instantly solved

An invaluable feature of our elearning courses is our learning management system (LMS) called SHINE. This solves the problem of compliance record keeping by recording completion of courses and making them available for you to view and manage electronically. No more struggling to find training records should you have a visit from the enforcing agency or an audit

Course duration

25 - 30 minutes.

Course summary

This Manual Handling Awareness course helps trainees understand the requirements of working safely by following the Health and Safety Executive's Guidance notes, 'Getting to grips with manual handling - A short guide' (IN DG 143) and 'Are you making the best use of lifting and handling aids?' (IN DG 398).

Content of the course

The aim of the course is to provide trainees with an awareness of the hazards and workplace precautions relating to manual handling operations. Manual Handling Awareness covers the following important areas:

1. Introduction
2. Defining the problem
3. Avoiding the need for manual handling
4. Assessing the risk from manual handling
5. Reducing the risk
6. Self-assessment

