

03

Height Safety
Lifting
Load Control
Safety Management

LOAD RESTRAINT

Load Restraint Appreciation & Inspection



DURATION

1 Day

RATIO OF TRAINERS TO TRAINEES

1 Trainer to 10 Trainees

PRE-COURSE INSTRUCTIONS AND ENTRY REQUIREMENTS

- No Previous Experience Required

OVERVIEW

- A foundation module for any employees involved in load restraint for road transport vehicles.
- This module will also give supervisors an insight to the requirements and safe use of load restraint equipment.
- The course is designed to give an operative a good understanding of the principles for using load restraint equipment and will make them aware of BSEN12195 pt 1-3 Load Restraining of Commercial Vehicles. Safety
- This module is a theory/practical based course intended as a prerequisite to further load restraint modules.
- Further details of the training facilities, first aid provision, insurance, etc are available upon written request.

COURSE SUMMARY

- Debrief the candidates on their assessment
- Summarise the topics covered during the course
- Clarify areas of concern
- Issue Course Evaluation forms
- Thank the candidates for attending

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COURSE JOINING INSTRUCTIONS

COURSE ASSEMBLY

Unless otherwise stated, all courses are held at SpanSet (UK) Limited and will assemble at 0900 hrs daily. Delegates should report to the main training reception upon arrival.

EQUIPMENT & CLOTHING

All equipment required throughout the course will be provided by SpanSet Ltd.

Candidates should provide their own comfortable clothing and safety footwear, with provision made for inclement weather conditions, i.e. fleeces, waterproofs, windproof, etc.

FOOD & REFRESHMENT

Refreshments will be provided throughout the day on all courses.

A lunch will be provided on all courses of a day or more in duration held at SpanSet.

ACCOMMODATION

Details of local accommodation on request.

COURSE SYLLABUS

Theory/Practical

- To describe the legislation and regulations which apply to commercial vehicles in the use of load restraint equipment
- To allow delegates to appreciate the importance and consequences of poor load control and have an understanding of the basic theory and forces involved in achieving adequate load control.
- To give an overview of the correct care and use of load restraint equipment
- To outline the suitability of the vehicle for transporting the load and correct selection of restraint equipment
- To give an overview of the principle requirements of the British Standards for load control and understand the basic calculations for load restraints
- To allow delegates to identify the most suitable load restraint equipment and methods to undertake pre-use inspection of their load restraint equipments
- Practical elements will cover the basics of restraint in:
 - Box Van
 - Curtainsider
 - Low Loader
 - Flat Bed

Details of other assessment methods

During the course of the day the candidates will be continually verbally assessed by the trainer using working examples and scenarios to determine the candidates understanding of a specific topic.

EQUIPMENT COVERED DURING TRAINING

Samples of

- Internal Lashings
- Indirect Lashings
- Direct Lashings
- Track & Shoring Poles

FEEDBACK TO CLIENT AFTER COURSE

- Certificate for all candidates, valid for five years.

RECORDS TO BE MAINTAINED BY SPANSET

- Course registration sheet, including results of the assessment.
- Course feedback forms where completed.

ASSESSMENT METHODS

Details of written assessments

All candidates will carry out a multiple-choice test covering the key points of the course. If a candidate gets a total score of less than 80% then the trainer will explore the candidates' knowledge of the topic. Where the candidate has a good understanding of the topic the result may be amended.



Design • Manufacture • Supply • Training

SpanSet Limited

Telford Way, Middlewich,
Cheshire, CW10 0HX, UK
Tel +44 (0) 1606 738529
Fax +44 (0) 1606 841666
info@spanset.co.uk
www.spanset.co.uk



SpanSet also provide training for: • Height Safety Courses for Police & Security Forces • Height Safety for Rescue Courses for the Emergency Services • Vehicle Fall Protection Courses • Safe Lifting & Rigging Courses • Load Restraint Courses